

Psychiatric disorders

Section - (J)

Syllabus →

- * Depression. (अवस्था)
- * Anxiety. (चिन्ता)
- * Psychosis.

* Depression →

* Definition →

- Depression, mood disorder of life

condition है।

depression, sadness and loss of interest are constant (स्थायी) feeling है।

It normal activities of our life खोता है।

Depression different types की है। 3 symptoms में से।

* Etiology →

Genetic factors. (आनुवंशिक)

Psychological stress.

Hormones. (हार्मोन)

Death. (मृत्यु)

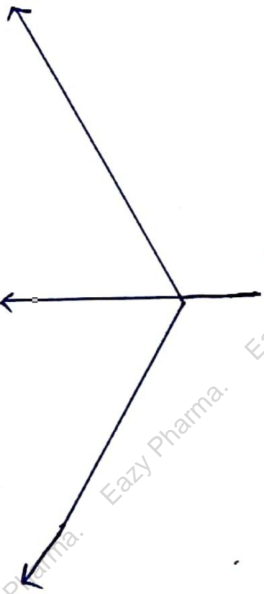
Eazy Pharma (Eazy Way of learning)

Subscribe Us on YouTube

- Health issues.
- Social media.
- Personality.
- Brain chemistry.
- etc-----

* Pathogenesis →

Genetic and Environmental factors



↓
Neurotrans-
mission off-
concentration
reduced eff/

↓
Neurotrans-
mission -
receptor
transporters
dysfunction
off

↓
Neurotrans-
mission
receptors
off

abnormality.

Depression
(दुःख)

* Clinical Manifestations →

- Insomnia (निद्राहीनता)
- Difficulty in thinking.
- Anxiety (चिन्ता)

Website - www.Eazypharms.Com

Watch Video Lacture for Better Understanding

Eazy Pharma (Eazy Way of learning)

Subscribe Us on YouTube

→ Restlessness. (बिचलपन)

→ weight loss.

→ less interest. (अधिक रुचि)

→ feel of sadness. (दुःखी भावना)

→ tearfulness. (शुभ्रपन)

etc.....

* Non-Pharmacological Management →

1) Interpersonal Psychotherapy (ITP)

2) Cognitive behavioral therapy (CBT)

3) Music therapy.

4) Self-worth therapy.

5) Systematic Activation method (SAM)

etc.....

* Pharmacological Management →

1) Anti-depressant drugs -

a) Non Adrenaline reuptake

inhibitors -

eg - Amoxapine.

b) Serotonin reuptake inhibitors -

eg → citalopram

→ Amitriptyline

→ Imipramine.

c) Atypical Anti-depressant →

eg → Trazodone, mianserin

Website - www.Eazypharms.Com

Watch Video Lacture for Better Understanding

Eazy Pharma (Eazy Way of learning)

Subscribe Us on YouTube

or abnormal functioning of



Hippocampus and cingulate gyrus
or abnormally process threat.



Amygdala activities fear response.



Hypothalamus pituitary



ADs and adrenal

adrenal cortex axis

medulla ad-

renal activation

activation



Increase cortisol

release

Increase epinephrine

release

↓ Anxiety ↓

* clinical Manifestations →

→ Bradycardia. (↓ HR)

→ Dry mouth.

→ feeling of fear

→ Nightmares. (or)

→ Difficulty in sleeping.

→ Sweaty hands.

→ Rapid heartbeat.

etc.....

* Non-Pharmacological Management

→ Cognitive behavioural therapy.

→ sleeping enough

Website - www.Eazypharms.Com

Watch Video Lacture for Better Understanding

Eazy Pharma (Eazy Way of learning)

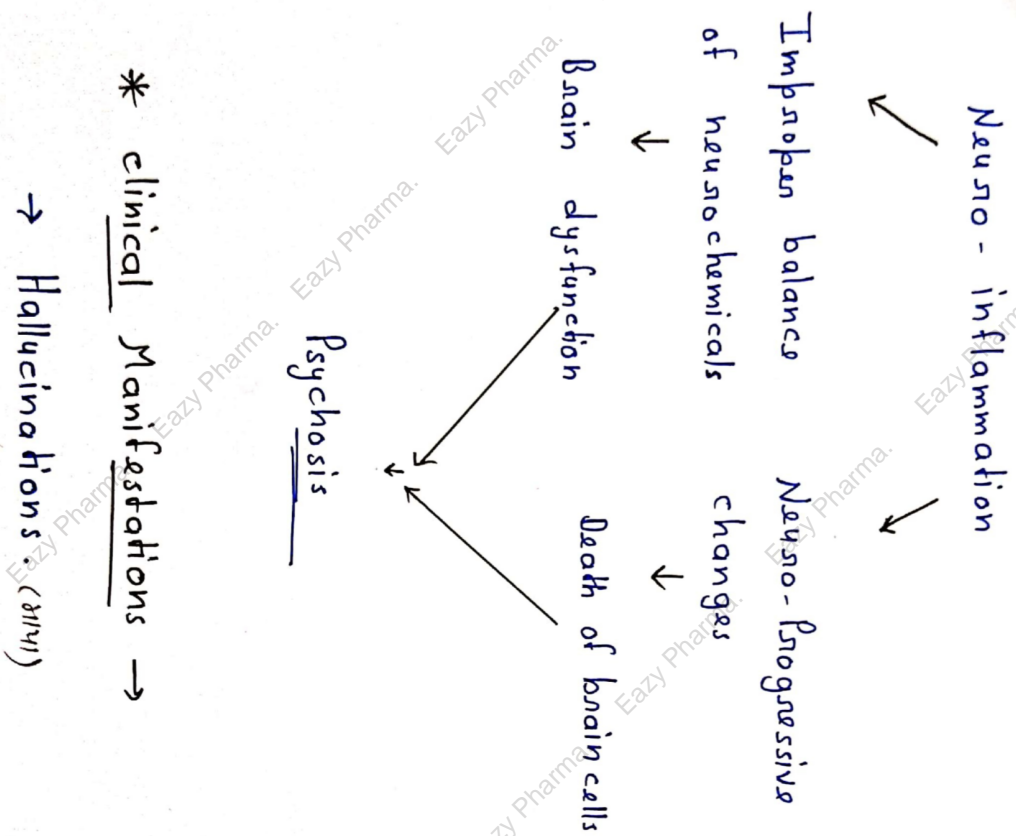
Subscribe Us on YouTube

- Avoid Alcohol.
 - Healthy diet.
 - Psychotherapy.
 - Exercise.
 - Staying active
etc.....
- * Pharmacological Management →
- ↳ Anti-anxiety medications -
eg → Benzodiazepines → Alprazolam,
Nitrazepam, diazepam.
- ↳ Anti-depressants drugs →
eg → Amitriptyline.

↳ β-blockers →
eg - Propranolol
etc.....

Website - www.Eazypharms.Com

Watch Video Lacture for Better Understanding



* clinical Manifestations →
→ Hallucinations (श्रवण)

→ Delusions (विचार)
→ Disordered thinking (दुव्यवस्था)
→ loss of contact with reality.
etc....

* Non-Pharmacological Management -
→ Exercising करना
→ Music संगीत सुनना
→ Environment change करना

Eazy Pharma (Eazy Way of learning)

Subscribe Us on YouTube

* Pharmacological Management →

→ Psychosis is treated depending on its cause-

1) Typical Antipsychotics →

→ Perphenazine

→ Haloperidol

→ Loxapine.

→ Chlorpromazine.

etc-----

2) Atypical Antipsychotics →

→ clozapine

→ Risperidone

→ Lurasidone

→ Paliperidone

etc-----

complete

Thank you ☺

Website - www.Eazypharms.Com

Watch Video Lacture for Better Understanding

**MUST WATCH VIDEOS FOR BETTER
UNDERSTANDING
ON YOUTUBE**

SEARCH 🖱️ EAZY PHARMA on YouTube

THANK YOU.

By Dr Firoz khan

Follow on Instagram 🖱️ Firoz_eazy

Page on Instagram 🖱️ Eazy_pharma



Website - [Www.Eazypharms.Com](http://www.Eazypharms.Com)